



## Library and Knowledge Services

# Mental Health Current Articles Bulletin – June 2026

### How to Obtain an Article

If you would like to request any articles included in this bulletin, or to be put onto the bulletin's distribution list, please contact Library and Knowledge Services at Grantham Hospital:

**Tel:** 01476 464321

**email:** [ulth.library.grantham@nhs.net](mailto:ulth.library.grantham@nhs.net)

If you would like to receive any of our other bulletins please sign up here:  
<https://www.nhslincslibrary.uk/bulletin-request-form/>

*If you require an in-depth search on a topic featured in this bulletin then please contact*  
[ulth.clinical.librarian@nhs.net](mailto:ulth.clinical.librarian@nhs.net)

| Abuse/Violence/Bullying                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Considering incentives for aggression</b><br>Marsh A et al<br>Aggression and Violent Behavior 88 (May) 102154<br>10.1016/j.avb.2026.102154                                                   |
| <b>Bullying prevalence in rural and urban settings</b><br>Landers E et al<br>Rural Educator 47 (3) 5-19<br>10.55533/2643-9662.1582                                                              |
| <b>A public health framework for preventing 'honour' based abuse: the three-phase model of perpetration</b><br>Khan R et al<br>Public Health 256 (2026) 106305<br>10.1016/j.puhe.2026.106305    |
| <b>Workplace violence against operating room nurses: a systematic review</b><br>Zarai M et al<br>Perioperative Care & Operating Room Management 43 (June) 100640<br>10.1016/j.pcorn.2026.100640 |
| Addiction                                                                                                                                                                                       |

|                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Gambling, smoking and alcohol use in Great Britain: insights from the 2023 Gambling Survey of Great Britain</b><br/> Kock L et al<br/> Addictive Behaviors 177 (Jun) 108641<br/> 10.1016/j.addbeh.2026.108641</p>                                                                               |
| <p><b>Digital addiction and mental health-related variables in young people: a comparative study of Spain and Indonesia</b><br/> Velasco-Furlong L et al<br/> Acta Psychologica 265 (May)</p>                                                                                                         |
| <p><b>Mediating effect of perceived stress and life satisfaction on the association between internet addiction and mental health problems</b><br/> Mia M et al<br/> Social Sciences &amp; Humanities Open 13 (2026) 103048<br/> 10.1016/j.ssaho.2026.103048</p>                                       |
| <p><b>Mobile phone addiction and social anxiety among nursing students during internship: the longitudinal mediating role of physical activity and social adaptability in mental health promotion</b><br/> Liu D et al<br/> Acta Psychologica 266 (2026) 106818<br/> 10.1016/j.actpsy.2026.106818</p> |
| <p><b>ADHD</b></p>                                                                                                                                                                                                                                                                                    |
| <p><b>Advances in the management of ADHD in children and adolescents</b><br/> Robaey P et al<br/> BMJ State of the Art Review 393 (2026) e082507<br/> 10.1136/bmj-2024-082507</p>                                                                                                                     |
| <p><b>Mindfulness intervention reduced executive dysfunction, delay aversion and ADHD symptoms: a randomized controlled trial based on the dual pathway model</b><br/> Kang M et al<br/> Behavior Therapy 57 (4) 654-666<br/> 10.1016/j.beth.2026.01.002</p>                                          |
| <p><b>ADHD: real-world consequences of missed diagnosis and mistreatment</b><br/> Szymaniak K et al<br/> BJPsych 229 (1) 14-16<br/> 10.1192/bjp.2026.10569</p>                                                                                                                                        |
| <p><b>Autism</b></p>                                                                                                                                                                                                                                                                                  |
| <p><b>Hospital passports for people with learning disabilities and autistic people</b><br/> Nannen D<br/> British Journal of Nursing 31 (7) 380-381</p>                                                                                                                                               |

|                                                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                   |
| <p><b>Advances in supporting development in autistic children and youth</b><br/> Zwaufwbaum L<br/> BMJ State of the Art Review 393 (2026) e086562<br/> 10.1136/bmj-2025-086562</p>                                                                |
| <p><b>Factors linked to successful brain magnetic resonance imaging scans and data quality in autistic individuals across the functioning spectrum</b><br/> Huang L et al<br/> BJPsych Open 12 (4) e186<br/> 10.1192/bjo.2026.12035</p>           |
| <p><b>She's so knowledgeable about autism: autistic women and birthing people's experiences of specialist perinatal mental health teams</b><br/> Westgate V et al<br/> BJPsych Open 12 (4) e187<br/> 10.1192/bjo.2026.12045</p>                   |
| <p><b>Bereavement and Grief</b></p>                                                                                                                                                                                                               |
| <p><b>Widowers' grief experiences and perceptions of prolonged grief disorder: a qualitative study on male mental health in Taiwan</b><br/> Tseng H et al<br/> American Journal of Men's Health 20 (3) 1-9<br/> 10.1177/15579883261453352</p>     |
| <p><b>Exploring grief as a factor of service user distress with a community learning disabilities team: a service evaluation</b><br/> Scalpello A et al<br/> British Journal of Learning Disabilities 2026 (July) 1-10<br/> 10.1111/bld.70048</p> |
| <p><b>Exploring the developmental impact of grief and bereavement in adults who lost a parent to cancer when young</b><br/> Rodriguez L et al<br/> Death Studies 2026 (June) 1-12<br/> 10.1080/07481187.2026.2682811</p>                          |
| <p><b>Child and Adolescent Issues</b></p>                                                                                                                                                                                                         |
| <p><b>Importance of sensory rooms in supporting young people with complex needs</b><br/> Rhodes-Burke E et al<br/> BJHCA 20 (6) 002-004<br/> 10.12968/bjha.2026.0018</p>                                                                          |

|                                                                                                                                                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Building a digital intervention to support young people with disordered mood and on the waiting list to optimise safety, acceptability and effectiveness</b></p> <p>Goodyer I et al<br/>BJPsych 229 (1) 11-13<br/>10.1192/bjp.2025.10492</p>                                                      |
| <p><b>Emotional disorders among children and young people in England from 2004-2017: analysis of a probability sample survey series</b></p> <p>Taxiarchi V et al<br/>BJPsych 229 (1) 36-42<br/>10.1192/bjp.2025.124</p>                                                                                 |
| <p><b>Post-traumatic stress following social media war violence: role of empathy and emotional awareness in youth</b></p> <p>Schleicher D et al<br/>BJPsych Open 12 (4) e150<br/>10.1192/bjo.2026.12014</p>                                                                                             |
| <p><b>Narrative matters: Between hope and cynicism – competing narratives and the moral economy of child and adolescent psychiatry</b></p> <p>Sibeoni J et al<br/>Child and Adolescent Mental Health early online (2026) narrative matters<br/>10.1111/camh.70104</p>                                   |
| <p><b>Complex trauma</b></p>                                                                                                                                                                                                                                                                            |
| <p><b>Vulnerable minds: the harm of childhood trauma and the hope of resilience</b></p> <p>Manning A<br/>Health &amp; Social Work 51 (2) 166-167<br/>10.1093/hsw/hlag001</p>                                                                                                                            |
| <p><b>Patient and therapist perspectives on impact, outcomes and change mechanisms in trauma-focused mentalization based treatment: a qualitative interview study</b></p> <p>Maaïke L et al<br/>Frontiers in Psychiatry 17 (2026) patient and therapist perspectives<br/>10.3389/fpsyt.2026.1808610</p> |
| <p><b>Associations between complex post-traumatic stress disorder and intimate relationship quality: the parallel mediating roles of mentalization and playfulness</b></p> <p>Shu-Xin T et al<br/>Frontiers in Psychology 17 (2026) associations<br/>10.3389/fpsyg.2026.1779202</p>                     |
| <p><b>Phase-based treatment versus immediate prolonged exposure for childhood abuse-related PTSD: the role of emotion regulation improvement in predicting PTSD symptom reduction</b></p> <p>Opriel D et al<br/>Journal of Anxiety Disorders 121 (2026) 103174<br/>10.1016/j.janxdis.2026.103174</p>    |

**The interplay of complex PTSD, intimate partner violence, and metacognitive beliefs in driving methamphetamine craving among women: A structural equation modelling study**  
Roya Forootan et al  
Addictive Behaviors Reports 23 (2026) 100699  
10.1016/j.abrep.2026.100699

## **Dementia and Alzheimer's Disease**

**Advances in the drug treatment of Alzheimer's disease: pathophysiology and mechanisms of action**  
Nowell J et al  
BMJ State of the Art Review 393 (2026) 078881  
10.1136/bmj-2023-078881

**Efficacy, safety and policy implications of anti-amyloid monoclonal antibodies for Alzheimer's disease: protocol for a living systematic review and meta-analysis**  
Kim S et al  
BJPsych Open 12 (4) e182  
10.1192/bjo.2026.12044

**Associations of mental and behavioral disorders due to tobacco and alcohol use with incident dementia**  
Wang Y et al  
Journal of Affective Disorders 401 (2026) 121239  
10.1016/j.jad.2026.121239

**Prescribing of anti-dementia medications in primary care: a retrospective cohort study in 1489 English General Practices**  
Morris C et al  
PLoS One 21 (6) e0347921  
10.1371/journal.pone.0347921

## **Depression/Depressive Disorders**

**Psychological intervention in individuals with subthreshold depression: individual participant data meta-analysis of treatment effects and moderators**  
Harrer M et al  
BJPsych 229 (1) 78-91  
10.1192/bjp.2025.56

**Feasibility of diagnosing major depressive disorder with a panel of serum and urine biomarkers**  
Jentsch M et al  
BJPsych Open 12 (4) e162  
10.1192/bjo.2026.11044

|                                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Sustained mood improvement with laughing gas exposure (SMILE): a randomised, placebo-controlled pilot trial of nitrous oxide for treatment-resistant depression: commentary</b><br/> Kalmar A et al<br/> BJPsych Open 12 (4) e174<br/> 10.1192/bjo.2026.12040</p> |
| <p><b>Disorders</b></p>                                                                                                                                                                                                                                                 |
| <p><b>A borderline personality disorder diagnosis may improve clinical psychology trainees' treatment beliefs</b><br/> Hastings K, Hahn A<br/> British Journal of Clinical Psychology 2026 (early view) borderline personality disorder<br/> 10.1111/bjc.70076</p>      |
| <p><b>The role of hope in recovery during transdiagnostic exposure-based therapy for anxiety-, obsessive-compulsive and trauma-, and stressor-related disorders</b><br/> Long L et al<br/> Behavior Therapy 57 (4) 746-758<br/> 10.1016/j.beth.2025.12.003</p>          |
| <p><b>The contribution of interpersonal theory to personality disorder's diagnosis and treatment</b><br/> Duggan C<br/> BJPsych Advances 32 (4) 257-265<br/> 10.1192/bja.2025.10187</p>                                                                                 |
| <p><b>Misdiagnosed, mismanaged, mistreated: personality disorders and the Mental Health Act</b><br/> Zinchenko R et al<br/> BJPsych Bulletin 50 (3) 264-266<br/> 10.1192/bjb.2025.10124</p>                                                                             |
| <p><b>Illuminating a joyless life: qualitative, transdiagnostic exploration of anhedonia</b><br/> Edwards C et al<br/> BJPsych Open 12 (4) e149<br/> 10.1192/bjo.2026.12004</p>                                                                                         |
| <p><b>Eating Disorders</b></p>                                                                                                                                                                                                                                          |
| <p><b>Mortality and hospital admissions in people with eating disorders: longitudinal cohort study in secondary care-linked English primary care records</b><br/> Jeffery A et al<br/> BJPsych 229 (1) 17-26<br/> 10.1192/bjp.2025.69</p>                               |
| <p><b>Cortical complexity in eating disorders: a systematic review and qualitative synthesis</b><br/> Collantoni E et al<br/> European Archives of Psychiatry &amp; Clinical Neuroscience 276 (4) 1941-1957<br/> 10.1007/s00406-025-02001-3</p>                         |

|                                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Efficacy of the intervention against t: the Stigmatization of Men with Eating Disorders in Primary Healthcare (iSMEsH): results from a randomized waitlist-controlled study</b><br/> Lehe M et al<br/> International Journal of Eating Disorders 59 (7) 1517-1530<br/> 10.1002/eat.70080</p> |
| <p><b>Exploring outpatient psychotherapists' knowledge, confidence and training on eating disorders and muscle dysmorphia among boys and men</b><br/> Ganson K et al<br/> International Journal of Eating Disorders 59 (7) 1599-1609<br/> 10.1002/eat.70079</p>                                    |
| <p><b>Forensic Psychiatry/Psychology</b></p>                                                                                                                                                                                                                                                       |
| <p><b>Loneliness, meaning in life and distress among incarcerated men: the moderating role of search for meaning</b><br/> Borawski D et al<br/> Criminal Behaviour and Mental Health 36 (3) 112-120<br/> 10.1002/cbm.70035</p>                                                                     |
| <p><b>Adverse childhood experiences and their relationship with psychological disorders and violent behaviour within a forensic psychiatric cohort</b><br/> Van Beeck M et al<br/> Criminal Behaviour and Mental Health 36 (3) 130-140<br/> 10.1002/cbm.70038</p>                                  |
| <p><b>Cognitive functioning in criminal offenders: a multi-level meta-analysis</b><br/> Hutton J et al<br/> Aggression and Violent Behavior 88 (May) 102159<br/> 10.1016/j.avb.2026.102159</p>                                                                                                     |
| <p><b>Reintegration programmes for people with severe mental illnesses released from correctional institutions: systematic review</b><br/> Simpson A et al<br/> BJPsych Open 12 (4) e181<br/> 10.1192/bjo.2026.12034</p>                                                                           |
| <p><b>Ethnicity and pathway progression: a retrospective cohort study of male offenders managed under London Offender Personality Disorder Pathway Services</b><br/> Short R et al<br/> Criminal Behaviour and Mental Health early view (2026) ethnicity<br/> 10.1002/cbm.70044</p>                |
| <p><b>Intellectual or Learning Disabilities</b></p>                                                                                                                                                                                                                                                |
| <p><b>Using non-standard research methods to explore the perspectives of people with intellectual disabilities on sensitive topics: a discussion of the research paradigm, data collection methods and data analysis</b></p>                                                                       |

|                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Tuffrey-Wijne I et al<br/>JARID 39 (3) e70232<br/>10.1111/jar.70232</p>                                                                                                                                                                                                                                                                     |
| <p><b>The seven design principles for co-creating health information visuals for people with learning disabilities</b><br/>Drewett A et al<br/>British Journal of Learning Disabilities epub (2026) seven design principles<br/>10.1111/bld.70061</p>                                                                                          |
| <p><b>From methodological challenges to recommendations for future practice: lessons from n ethnographic study with people with intellectual disabilities</b><br/>Nisse-Frokjaer K et al<br/>JARID 39 (3) e70266<br/>10.1111/jar.70266</p>                                                                                                     |
| <p><b>The REACHE project: a qualitative co-production project to promote inclusion of people with a learning disability in health care research</b><br/>Marshall H et al<br/>British Journal of Learning Disabilities epub (2026) 1-12<br/>10.1111/bld.70057</p>                                                                               |
| <p><b>“A change from culture from it being an optional extra to n integral part of education” – Teacher’s experiences of teaching Relationships and Sexuality Education (RSE) to learners with severe/profound intellectual disabilities in the Republic of Ireland</b><br/>Connolly L et al<br/>JARID 39 (3) e70260<br/>10.1111/jar.70260</p> |
| <p><b>(En)abling architectural research: co-designing with people with intellectual disabilities</b><br/>Kasem M et al<br/>JARID 39 (4) e70275<br/>10.1111/jar.70275</p>                                                                                                                                                                       |
| <p><b>LGBTQ+</b></p>                                                                                                                                                                                                                                                                                                                           |
| <p><b>Transgender care in UK inpatient mental health settings: policy, practice and clinical implications</b><br/>Manning K<br/>BJHCA 2 (6) transgender care<br/>10.12968/bjha.2026.0031</p>                                                                                                                                                   |
| <p><b>Reframing disenfranchised grief in late-life LGBTQ bereavement through Suryomentaram’s ‘Jimat Perang’</b><br/>Mufidah E et al<br/>American Journal of Geriatric Psychiatry 34 (7) 998-999<br/>10.1016/j.jagp.2026.03.209</p>                                                                                                             |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>The unique characteristics of “families of choice” and families of origin of older LGBTQ+ adults: are they related to mental health?</b><br/> Cohn-Schwartz E et al<br/> Social Psychiatry &amp; Psychiatric Epidemiology 61 (6) 1023-1033<br/> 10.1007/s00127-025-02919-y</p>                                                                                                                                                                                            |
| <p><b>“Hope restored”: a pilot feasibility study of the awareness, courage and love (ACL) psychosocial intervention targeting psychiatric well-being in LGBTQ+ adults</b><br/> Stidhams S et al<br/> Psychiatry International 7 (3) 133<br/> 10.3390/psychiatryint7030133</p>                                                                                                                                                                                                   |
| <p><b>Miscellaneous</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <p><b>Will AI do more harm than good to the UK’s mental health?</b><br/> <i>The benefits and harms of AI to mental health are constantly in the headlines. Iain McGilchrist and Lucy Osler say that this is warranted given widespread public access to chatbots. But Charlotte Blease argues that the purported harms were already under way and are not the fault of AI</i><br/> Iain McGilchrist and Lucy Osler<br/> BMJ 393 (8490) e953015<br/> 10.1136/bmj-2026-953015</p> |
| <p><b>Relational cyclical model in psychological counselling</b><br/> Aydin N et al<br/> British Journal of Psychotherapy epub (2026) relational cyclical model<br/> 10.1111/bjp.70036</p>                                                                                                                                                                                                                                                                                      |
| <p><b>Chatbot psychosis: moving beyond recognition to mechanistic understanding and harm reduction</b><br/> Kiumari V et al<br/> BJPsych 229 (1) 1-3<br/> 10.1192/bjp.2026.10541</p>                                                                                                                                                                                                                                                                                            |
| <p><b>An Emi9I Kraepelin centenary: psychiatry’s long 20<sup>th</sup> century, 1899-2026 and after</b><br/> Ikkos G et al<br/> BJPsych 229 (1) 8-10<br/> 10.1192/bjp.2025.10491</p>                                                                                                                                                                                                                                                                                             |
| <p><b>Digital health and Buddhist network philosophy</b><br/> Tei S et al<br/> BJPsych Bulletin 50 (3) 270-274<br/> 10.1192/bjb.2025.10144</p>                                                                                                                                                                                                                                                                                                                                  |
| <p><b>Psychopharmacology</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p><b>Changing your perspective on fatal outcomes in clozapine-treated patients: they do not die of agranulocytosis</b></p>                                                                                                                                                                                                                                                                                                                                                     |

|                                                                                                                                                                                                                                                                                                  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| De Leon J et al<br>Asian Journal of Psychiatry 120 (June) 105012<br>10.1016/j.ajp.2026.105012                                                                                                                                                                                                    |
| <b>Neurosteroids and premenstrual dysphoric disorder</b><br>Bixo M et al<br>BJPsych 229 (1) 92-100<br>10.1192/bjp.2025.103                                                                                                                                                                       |
| <b>Oral glucocorticoids and risk of psychiatric and suicidal behaviour outcomes: population-based cohort study</b><br>Lagerberg T et al<br>BJPsych 229 (1) 43-50<br>10.1192/bjp.2025.128                                                                                                         |
| <b>Schizophrenia</b>                                                                                                                                                                                                                                                                             |
| <b>Comment:</b><br><b>Antipsychotic medicines for schizophrenia: time to move forward</b><br>Corrado Barbui et al<br>Lancet 407 (10531) 820-831                                                                                                                                                  |
| <b>Comparative efficacy and tolerability of antidopaminergic and muscarinic antipsychotics for acute schizophrenia: a network meta-analysis of randomised controlled trials indexed in international English and Chinese databases</b><br>Johannes Schneider et al<br>Lancet 407 (10531) 876-891 |
| <b>Announcing the Lancet Commission on schizophrenia and psychotic disorders</b><br>Marion Leboyer et al<br>Lancet 407 (10547) 2483-2484<br>10.1016/S0140-6736(26)00916-5                                                                                                                        |
| <b>Why is clozapine uniquely effective in treatment-resistant schizophrenia? A review and proposal</b><br>Murray R et al<br>Biological Psychiatry 99 (2026) 517-526<br>10.1016/j.biopsych.2025.06.011                                                                                            |
| <b>Self-harm and Suicide</b>                                                                                                                                                                                                                                                                     |
| <b>Attitudes towards suicide: perspectives of patients with self-poisoning suicide, their families and healthcare providers</b><br>Farahmand K et al<br>Asian Journal of Psychiatry 120 (June) 105006<br>10.1016/j.ajp.2026.105006                                                               |

|                                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>A clinician's guide to probabilistic suicide risk prediction tools: cautions and pitfalls</b><br/> Cockburn A et al<br/> BJPsych 229 (1) 101-105<br/> 10.1192/bjp.2025.10458</p>                                                                                  |
| <p><b>The impact of patient death and suicide on mental health professionals: mixed-methods study</b><br/> Meshreky K et al<br/> BJPsych Open 12 (4) e178<br/> 10.1192/bjo.2026.12032</p>                                                                               |
| <p><b>Substance abuse</b></p>                                                                                                                                                                                                                                           |
| <p><b>The Satir Growth Model: a systematic framework for supporting families affected by substance use disorder</b><br/> Yalof, L<br/> American Journal of Family Therapy 54 (4) 459-474<br/> 10.1080/01926187.2025.2594531</p>                                         |
| <p><b>Need-Service matching predicts drug use outcomes in comprehensive treatment for mothers with substance use disorder in the Child Protection System</b><br/> Rynes K et al<br/> Substance Use &amp; Misuse 61 (7) 1008-1020<br/> 10.1080/10826084.2025.2588685</p> |
| <p><b>Demographic differences among adults and emerging adults with, without and in recovery from alcohol and other drug use disorders</b><br/> Kelly L et al<br/> Substance Use &amp; Misuse 61 (6) 818-828<br/> 10.1080/10826084.2025.2577281</p>                     |
| <p><b>Genetic overlap of chronic pain, musculoskeletal-specific pain, substance use disorders and substance use consumption: common addiction and substance-specific effects</b><br/> Rader L et al<br/> Addiction 121 (7) 1683-1698<br/> 10.1111/add.70387</p>         |
| <p><b>Therapies/OT in mental health</b></p>                                                                                                                                                                                                                             |
| <p><b>Psychodrama-oriented group therapy in developing creativity</b><br/> Parlak S et al<br/> British Journal of Psychotherapy epub (2026) psychodrama<br/> 10.1111/bjp.70034</p>                                                                                      |
| <p><b>Depictions of psychotherapy in Chimamanda Ngozi Adichie's Dream Count – Psychiatry in Literature</b></p>                                                                                                                                                          |

|                                                                                                                                                                                                                                                                                                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Udo I<br/>BJPsych 229 (1) 25</p>                                                                                                                                                                                                                                                                   |
| <p><b>Somatic yoga therapy for functional neurological disorder: feasibility randomised controlled trial</b><br/>Kennedy-Barnes E et al<br/>BJPsych Open 12 (4) e151<br/>10.1192/bjo.2026.12003</p>                                                                                                   |
| <p><b>Exercise therapy to reduce anxiety (ExTRA) in mid-life and later-life adults: pilot feasibility study</b><br/>Chong T et al<br/>BJPsych Open 12 (4) e156<br/>10.1192/bjo.2026.12008</p>                                                                                                         |
| <p><b>Table-top role-playing games in psychodynamic group therapy</b><br/>Bonnet-Brown L et al<br/>British Journal of Psychotherapy 42 (3) 185-200<br/>10.1111/bjp.70019</p>                                                                                                                          |
| <p><b>Veterans and Mental Health</b></p>                                                                                                                                                                                                                                                              |
| <p><b>Exploring the relationship between moral injury and ICD-11 PTSD/complex PTSD: a comparative study of Danish and UK veteran populations</b><br/>Howlett P et al<br/>BMJ Military Health 2026 (June) 003220<br/>10.1136/military-2025-003220</p>                                                  |
| <p><b>Leveraging primary care data to understand military veteran health in England: feasibility study and matched-control comparison of recorded conditions</b><br/>Almeida-Meza P et al<br/>BMC Medicine 2026 (June) leveraging primary care data<br/>10.1186/ s12916-026-05005-5</p>               |
| <p><b>Horsepower: equine-assisted interventions are associated with reduced PTSD symptoms, improved sleep quality and quality of life in military veterans with treatment-resistant PTSD</b><br/>Kapteijn C et al<br/>Frontiers in Psychology 17 (2026) horsepower<br/>10.3389/fpsyg.2026.1768001</p> |

Bulletin prepared by LPFT Library and Knowledge Services

Tel: 01476 464321

email: [ulth.library.grantham@nhs.net](mailto:ulth.library.grantham@nhs.net)  
[www.nhslincslibrary.uk](http://www.nhslincslibrary.uk)